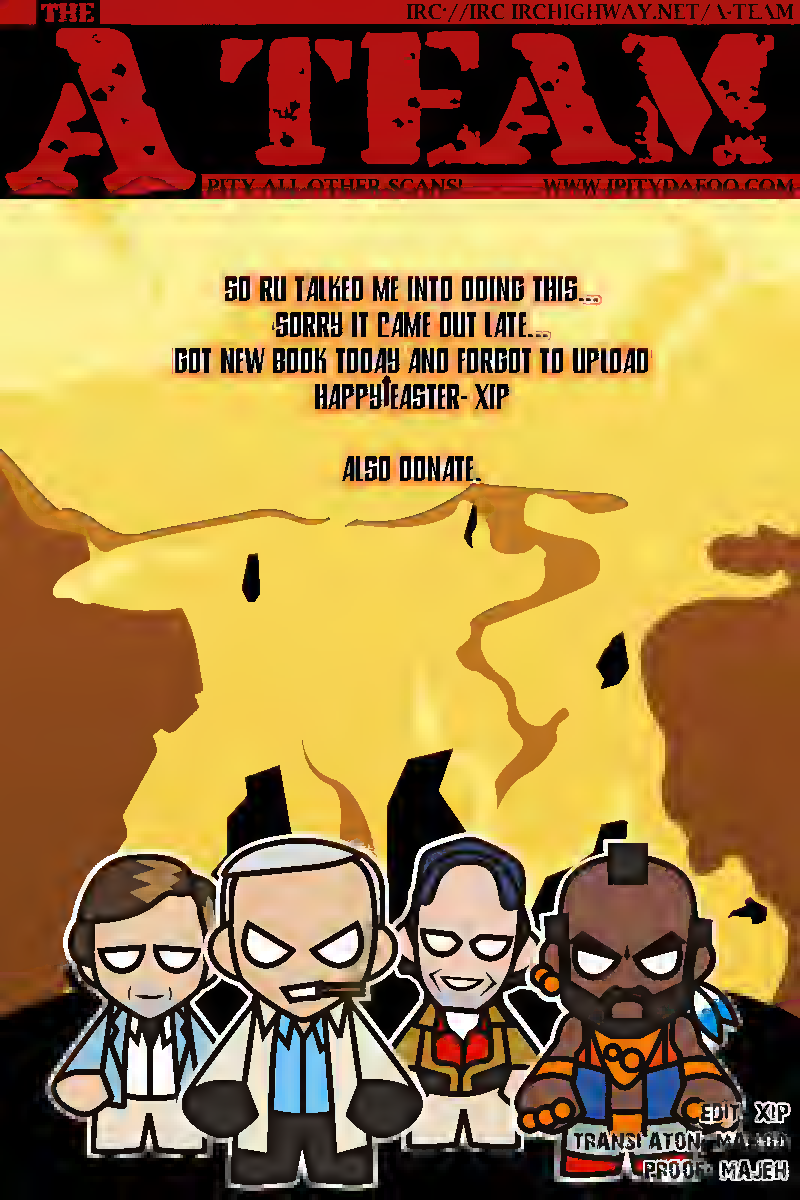
THE
IRC://IRC.IRCHIGHWAY.NET/A-TEAM
A TEAM
PITY ALL OTHER SCANS!
WWW.IPITYDAFOO.COM

SO RU TALKED ME INTO DOING THIS...
SORRY IT CAME OUT LATE...
GOT NEW BOOK TODAY AND FORGOT TO UPLOAD
HAPPY EASTER- XIP

ALSO DONATE.



HEH?
IS IT OKAY WITH THE CLOTHES ON?
OF COURSE IT IS!
I ONLY WANTED TO SKETCH A BIT...!
LET'S GO OUTSIDE, MITSURU-SAN
THEN, SINCE IT'S SUNNY TODAY
I MAY BE A BIT HAPPY THOUGH
NO PLEASE DO NOT APOLOGIZE!
IS THAT SO?
WHEN YOU TALKED ABOUT IT I THOUGH IT WAS NUDE ART, I'M SORRY FOR THIS

Fight 2

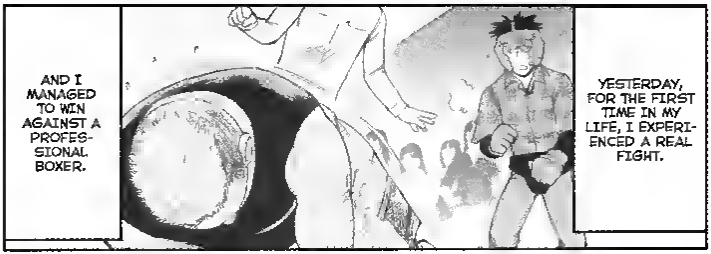
Fight 2:
IF YOU KNOW OF YOUR
ENEMY AND OF YOURSELF

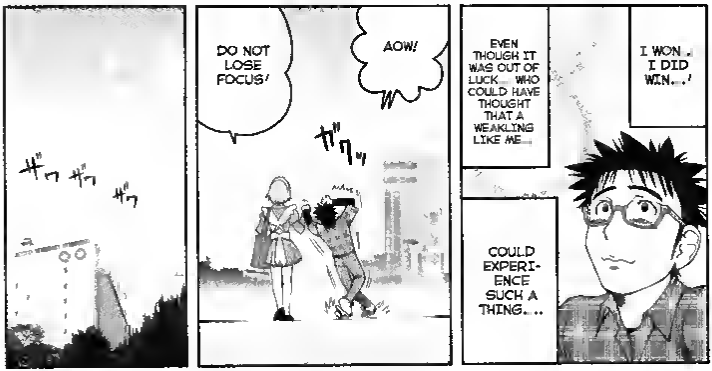
NOTE, "RESPIRATION" OR "HARMONY"
THIS IS "AUN'S STANCE"
THIS IS ONE OF THE MOST BASIC STANCES IN THE MEIDOU STYLE JU-JUTSU.
PLEASE USE THIS OPPORTUNITY TO REMEMBER IT AS YOU DRAW.
MEIDOU MEANS "BRIGHT WAY"
YE-YES, I'LL DO MY BEST!
MMMH.. HOW SHOULD I PUT IT.. YOU REALLY LOOK IMPRESSIVE WHEN DOING THIS.
THANK YOU.
MY NAME IS MITSURU YAEGASHI
I'M 18 AND I CAME TO TOKYO HOPING TO BECOME AN ILLUSTRATOR
THAT'S WHY I ASKED THE MYSTERIOUS MAID, DORAE-SAN, WITH WHOM I SOMEHOW STARTED TO LIVE, TO POSE FOR A SKETCH... HOWEVER

UAH!
HUH
HUH
NO WAY
OH...
NO, YOU CAN'T!
CAN'T I TAKE THESE OFF AT LEAST WHILE SKETCH-ING...?
RE-REALLY, I CAN'T STAND WHILE WEARING GETAS WITH ONLY ONE TOOTH!
OUCH... IT HURTS
FOR SOME TIME MITSURU-SAN, YOU WILL HAVE TO LIVE DAILY LIFE WEARING THESE.
IT WAS ALSO CALLED "TENGU GETA" AND IT IS SAID THAT MOUN TAINEERING AS CETICS WERE WEARING IT TO TRAIN IN MOUNTAINS
THESE "ONE TOOTH GETAS" ARE VERY IMPOR TANT ITEMS TO LEARN THIS!
ONE OF THE BASIS OR MAR TIAL ARTS IS THE "WAY YOU STAND," SO THE SENSE OF BAL ANCE IS MORE IMPORTANT THAN ANYTHING ELSE

カラン
コロン
カラン
OF COURSE!
WEARING THESE?
AND GO DO SOME SHOPPING, MITSURU-SAN, PLEASE ACCOMPANY ME!
OKAY, LET'S STOP SKETCH-ING FOR NOW
THIS IS TSUMANUDA FIGHT TOWN, PEOPLE WILL SIMPLY THINK THAT THIS IS AN UNCOMMON METHOD OF TRAINING.
DON'T WORRY ABOUT IT.
カラン
コロン
ガラッ
YE-YES
BUT EVERYONE IS LOOKING THIS WAY, IT'S QUITE EMBARASS-ING...
YOU DON'T HAVE TO HURRY, JUST FOCUS ON BALANCE
YE-YES.
EH. . AH

FROM ALL OVER JAPAN... NO, FROM ALL OVER THE WORLD, MEN WHO BELIEVE IN THEIR STRENGTH COME HERE.
THAT'S RIGHT... THIS IS THE "FIGHT TOWN."


AND I MANAGED TO WIN AGAINST A PROFESSIONAL BOXER.
YESTERDAY, FOR THE FIRST TIME IN MY LIFE, I EXPERIENCED A REAL FIGHT.


DO NOT LOSE FOCUS!
AOW!
EVEN THOUGH IT WAS OUT OF LUCK... WHO COULD HAVE THOUGHT THAT A WEAKLING LIKE ME...
I WON. I DID WIN...!
COULD EXPERIENCE SUCH A THING...

TSUMANUDA'S MAIN STREET # THE PARK IN FRONT THE (TRAIN) STATION
I CAN ALWAYS GO!
OF COURSE I AM, DIREC-TOR !
ARE YOU READY, HIMIN?
CAMERA READY!
NO... IT SEEMS TO BE A BIT DIFFERENT.
IS IT A MATCH...?

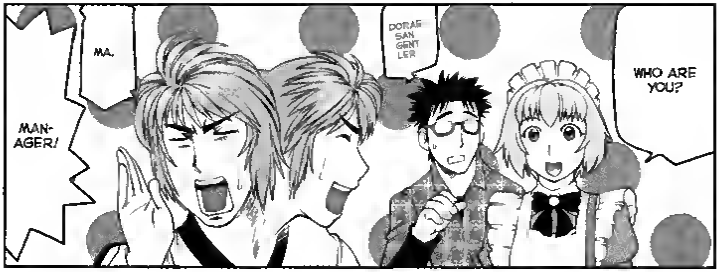
DOUGI: KIMONO USED FOR MARTIAL ARTS
SEEING HIS DOUGI, IT SEEMS HE IS DOING TAEKWONDO
I DON'T KNOW HIM, BUT...
COULD IT BE SOMEONE FAMOUS?
TAE KWON-DO?
LET'S DO THIS NEATLY
OK, THEN
FANGIRLS WIN-GAMA!
TAEKWONDO IS A POPULAR MARTIAL ART FROM KOREA!

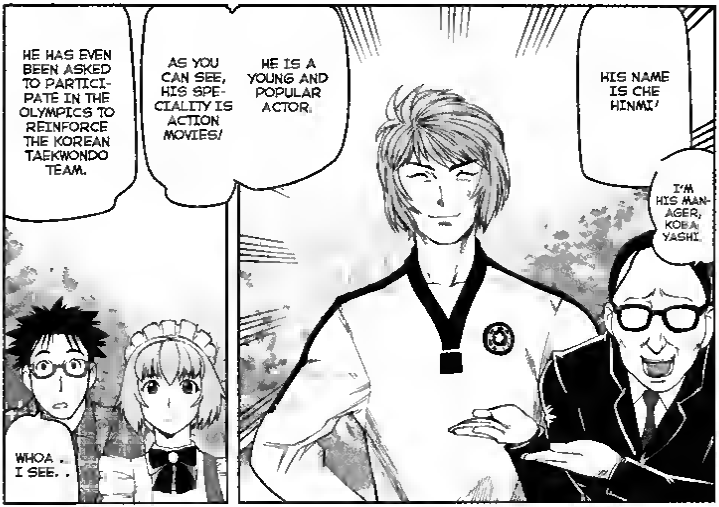
IT IS ALSO CALLED "FOOT BOXING"

ITS SPENDID AND VARIOUS FOOT TECHNIQUES ARE ITS MAIN CHARACTERISTIC
FANGIRLS SCREAMING

SINCE HE IS HERE AT TSUMANUDA, MAY HE ALSO BE A STEET FIGHTER
WHAT!
I HOPE I WON'T HAVE TO FIGHT HIM!
YES... HE MUST TRAIN QUITE A LOT
HE'S AMAZING... IT WAS MORE THAN 2M HIGH!
HEY YOU!
YOU'RE ALSO A FAN OF MINE?
COULD IT BE THAT..

UH... I SEE
WELL, TALKING ABOUT SOME-THING ELSE...
WOULD YOU BE INTER-RESTED IN TAKING PART IN A MOVIE?
DORAE-SAN, YOU COULD SAY THAT A BIT GENTLER
I WAS JUST PASS-ING BY.
NO, NOT AT ALL.
Q.
DON'T SAY THAT, GIVE IT A CHANCE AT LEAST.
UH...
NO, NOT AT ALL.
DIRECTOR! COULD YOU COME ?!
I'D LIKE TO ASK YOU SOME-THING...
HUH... THEN
WHAT? WHAT?
WE ARE GOING TO SHOOT A MOVIE IN THIS TOWN AND SOME OF THE CAST HAVEN'T BEEN CHOSEN YET
WHAT DO YOU THINK OF IT? WOULD YOU AT LEAST HAVE SOME TRIES IN FRONT OF THE CAMERA?
MMMMH... I SEE. SHE ISN'T BAD
YOU HAVN'T CAST THE PART FOR THE MAID ROLE YET, RIGHT?
WHAT DO YOU THINK OF HER, DI-RECTOR?
ISN'T SHE?

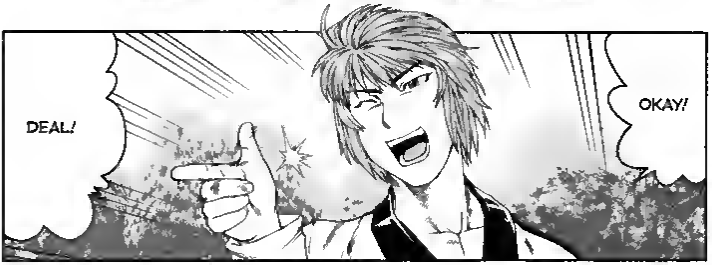

MA.
MAN-AGER!
DORAE-SAN-GENT-LER
WHO ARE YOU?

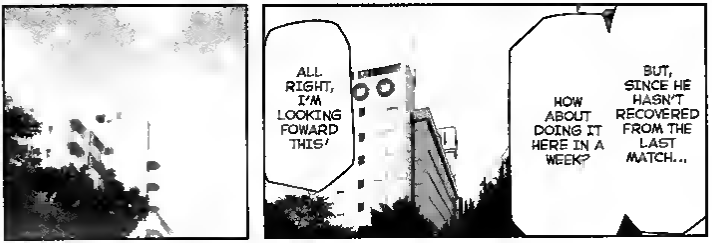

HE HAS EVEN BEEN ASKED TO PARTICI-PATE IN THE OLYMPICS TO REINFORCE THE KOREAN TAEKWONDO TEAM.
AS YOU CAN SEE, HIS SPE-CIALITY IS ACTION MOVIES!
HE IS A YOUNG AND POPULAR ACTOR.
HIS NAME IS CHE HINMI!
I'M HIS MAN-AGER, KOBA-YASHI.
WHOA.. I SEE..

SINCE I'M ONLY MAID...
WELL, EVEN THOUGH YOU SAY SO...
HAA...
WHAT DO YOU THINK OF IT? WOULD YOU LIKE TO BE PART OF A MOVIE?
THIS ISN'T ANY TYPE OF DUBI-OUS BUSI-NESS!

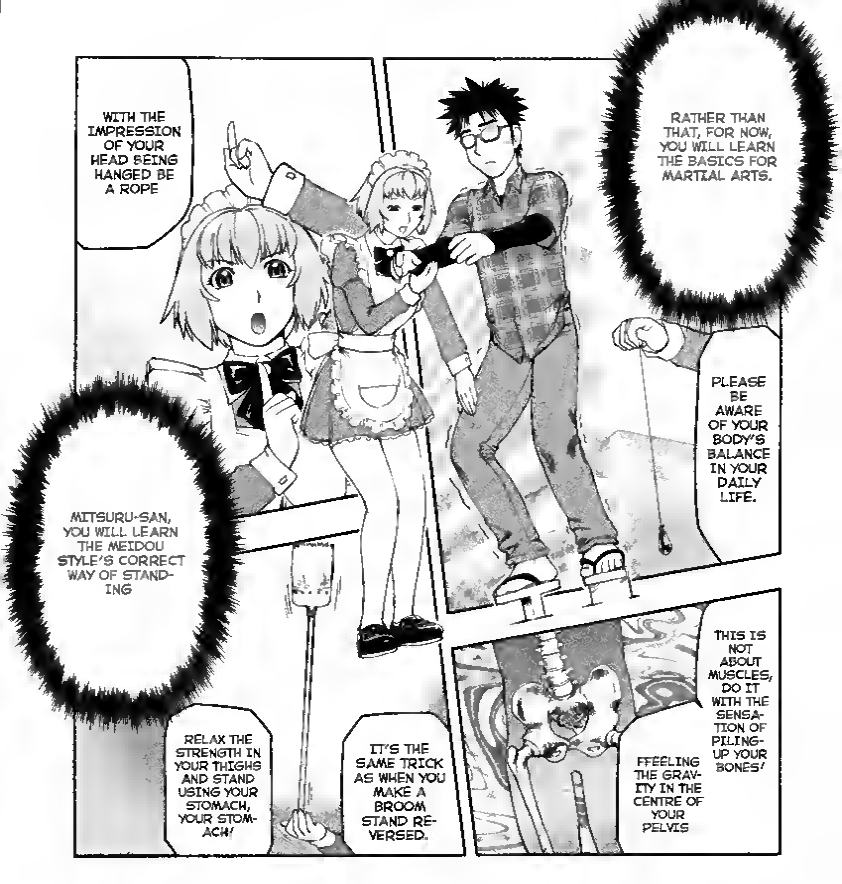
HER MASTER?
SO YOU ARE ..
WHAT? ME?!
RIGHT, MITSURU-SAN?
I CAN'T DO THIS WITHOUT MY MASTER'S AGREEMENT.
IT SOMEHOW SEEMS TO BE SO... BUT...
UH... WELL....
COULD IT BE THAT YOU ARE A STREET FIGHTER TOO? THEN THIS YOUNG LADY IS PART OF YOUR STAFF?
YOU ARE WEARING STRANGE THINGS THERE...
BUT, IF YOU'RE SO CURIOUS, WHY DON'T YOU CHECK IT OUT YOURSELF?
I DON'T EVEN SEE WHY I SHOULD ANSWER THIS QUESTION.
INDEED, YOU ARE VERY RUDE
I MAY BE A BIT RUDE, BUT... IS HE STRONG? I'M SORRY TO SAY THIS BUT HE REALLY DOESN'T LOOK IT.
KO KO
IS HE REALLY WORTHY ENOUGH TO SUBORDINATE SOMEONE LIKE YOU?
BY "CHECK"... YOU MEAN BY A MATCH?
GOT IT!

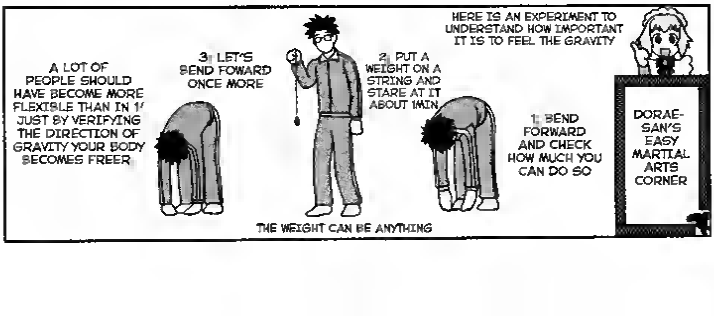
OF COURSE! IF YOU WIN AGAINST MY MASTER. .
LET'S PROMISE THAT I'LL ANSWER YOUR REQUEST
WHAAAT? WHY IN THE WORLD DID WE COME TO THIS?

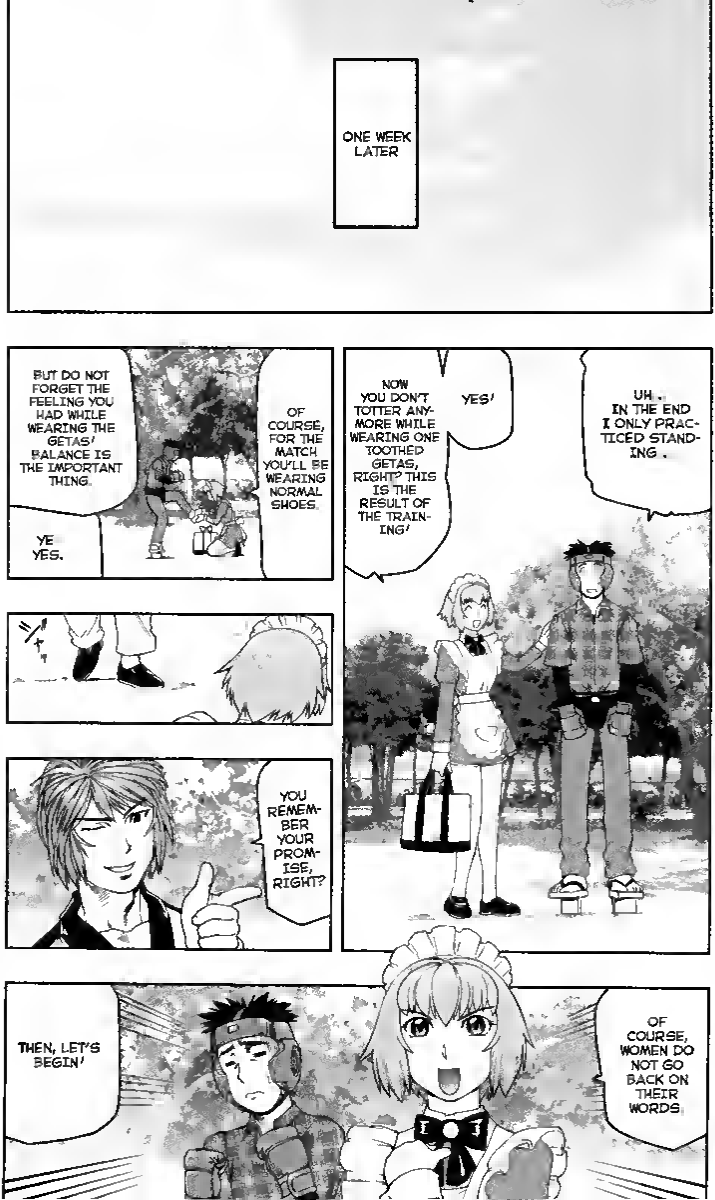

OKAY!
DEAL!

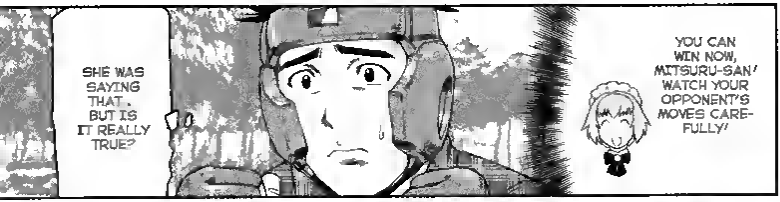

BUT, SINCE HE HASN'T RECOVERED FROM THE LAST MATCH...
HOW ABOUT DOING IT HERE IN A WEEK?
ALL RIGHT, I'M LOOKING FOWARD THIS!

EH ..
WHAT IS THE MOST IMPORTANT THING WHEN FIGHTING WITH ONLY FEW RULES?
MITSURU-SAN, DO YOU REMEMBER WHAT I SAID YESTERDAY?
TO BE HONEST I'M NOT CONFI-DENT AT ALL ..
DDORAE-SAN/ IS IT OKAY WITH THIS?
ドラン
WHAT YOUR ENEMY IS GOING TO DO ..?
THAT YOU DON'T KNOW
WE ALREADY HAVE AN ADVANTAGE ON HIM...?
JUST LIKE IN THAT MATCH YESTEDAY
WHICH MEANS.
WHICH MEANS?
AND HE SHOWED US HIS POTENTIAL A MOMENT AGO
EX-ACT-LY!
EH..
HIS TEAK-WONDO HAS NO PECU-LIAR WEAK POINT
NO,
YOU KNOW THE WEAK-NESS OF TEAK-WONDO? OR DO YOU KNOW AN ADVANTA-GEOUS STRATEGY AGAINST IT?
THEN, YOU HAVE A PLAN?


WITH THE IMPRESSION OF YOUR HEAD BEING HANGED BE A ROPE
RATHER THAN THAT, FOR NOW, YOU WILL LEARN THE BASICS FOR MARTIAL ARTS.
PLEASE BE AWARE OF YOUR BODY'S BALANCE IN YOUR DAILY LIFE.
MITSURU-SAN, YOU WILL LEARN THE MEIDOU STYLE'S CORRECT WAY OF STAND-ING
RELAX THE STRENGTH IN YOUR THIGHS AND STAND USING YOUR STOMACH, YOUR STOM-ACH!
IT'S THE SAME TRICK AS WHEN YOU MAKE A BROOM STAND RE-VERSED.
FFEELING THE GRAV-ITY IN THE CENTRE OF YOUR PELVIS
THIS IS NOT ABOUT MUSCLES, DO IT WITH THE SENSA-TION OF PILING-UP YOUR BONES!


HERE IS AN EXPERIMENT TO UNDERSTAND HOW IMPORTANT IT IS TO FEEL THE GRAVITY
DORAE-SAN'S EASY MARTIAL ARTS CORNER
1. BEND FORWARD AND CHECK HOW MUCH YOU CAN DO SO
2. PUT A WEIGHT ON A STRING AND STARE AT IT ABOUT 1MIN.
3. LET'S BEND FOWARD ONCE MORE
A LOT OF PEOPLE SHOULD HAVE BECOME MORE FLEXIBLE THAN IN 1 JUST BY VERIFYING THE DIRECTION OF GRAVITY YOUR BODY BECOMES FREER
THE WEIGHT CAN BE ANYTHING


ONE WEEK LATER
UH... IN THE END I ONLY PRACTICED STANDING.
YES!
NOW YOU DON'T TOTTER ANYMORE WHILE WEARING ONE TOOTHED GETAS, RIGHT? THIS IS THE RESULT OF THE TRAINING!
OF COURSE, FOR THE MATCH YOU'LL BE WEARING NORMAL SHOES.
BUT DO NOT FORGET THE FEELING YOU HAD WHILE WEARING THE GETAS! BALANCE IS THE IMPORTANT THING.
YE YES.
YOU REMEMBER YOUR PROMISE, RIGHT?
OF COURSE, WOMEN DO NOT GO BACK ON THEIR WORDS.
THEN, LET'S BEGIN!

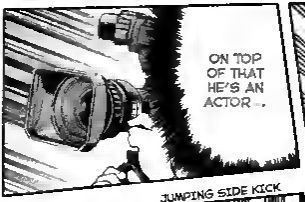


*MOST OF THE TSUMANUDA'S MATCHES ARE RECORDED AND CARRIED ON THE NET

OF COURSE, I'LL BE THE ONE WINNING!
FALLING KICK
KORO CHAGI
THRUSTING SIDE KICK
SO HE DODGED IT! BUT THIS YOBCHA CHILGI WAS A FEINT
RETURN-ING WHILE IN THE AIR

A SLIP? NOT A DOWN?
HE BLOCKED THAT KICK, LUCKY GUY!
SLIP!
ドダッ
キャーッ
WHAT..?
WHA...
TWISTING THE UPPER BODY IN THE OPPOSITE DIRECTION OF THE FEET IN ORDER TO ADD POWER TO THE KICK.
WHAT'S IMPORTANT WHEN CONTROLLING A KICK IN THE AIR IS HOW YOU USE YOUR UPPER BODY!
HE'S HESITATING.
FUFUFU

FRONT KICK



JUMPING SIDE KICK

REVERSE RETURNING KICK

DROPPING HEEL

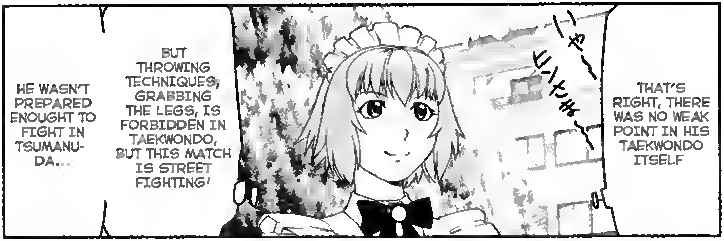
HA
HA
HA
DOES THAT MEAN I CAN COUNTER-ATTACK ..
THIS PERSON.. IT'S REALLY EASY TO PREDICT WHEN AND WHERE HE'S GOING TO KICK..

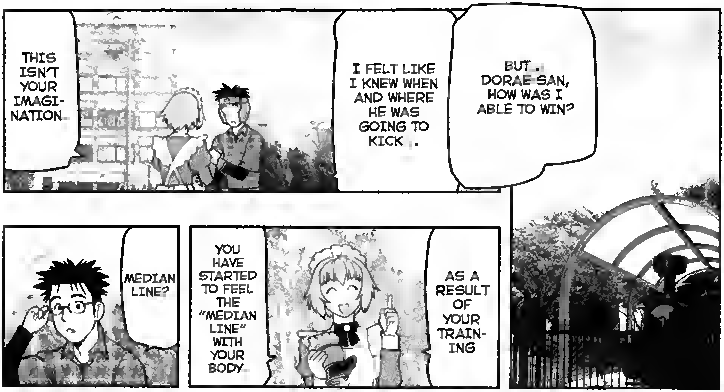
SO THIS MEANS YOU'RE ONLY GOOD AT RUNNING AWAY?
HU... HUM!

AH, YES!
EH ..
LET'S END THIS NOW SO HE CAN REST!
MITSURU-SAN, IT SEEMS LIKE HE IS QUITE EXHAUSTED!
GU...

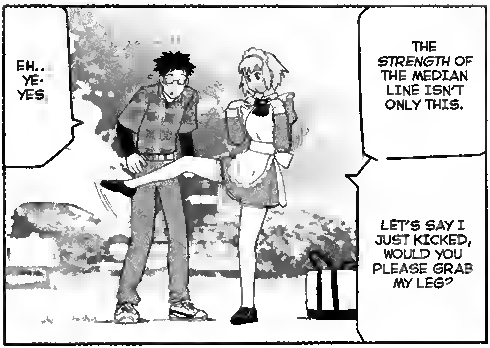
TEIMIYO 360TORA YOBUCHA CHIRUGI!
BACK SIDE KICK, TURNING 360
TEN YEARS SINCE I STARTED TEAKWONDO! THIS IS THE FIRST TIME SOMEONE MADE SUCH A FOOL OF ME!
I'LL SHOW YOU MY BEST TECHNIQUE THAT I'VE HELD IN RESERVE...
TEIMIYO 360TORA YOBUCHACHIRUGI
A TURNING BACK KICK DONE IN THE AIR WHILE ROTATING 360°!
SINCE THE POWER OF THE JUMP IS ADDED TO THE CENTRIFUGAL FORCE, IT'S VERY POWERFUL WHEN IT CONNECTS.
HOWEVER!
!!
ズバァ
DAMN...
IF IT MISSES, A FATAL OPENING WILL APPEAR! THAT'S THE FATE OF BIG TECHNIQUES!
LIFTING UP JUST AS IF
PUSHING STRAIGHT ON THE SOLE!

WINNER IS YAE-GASHI!
I CONCEDE! I CAN'T ALLOW HIM TO GET INJURED BEFORE FILMING!
UHHH.... MY, MY ARM....!

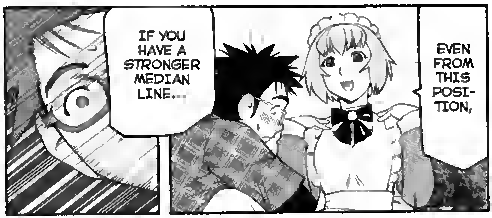

HE WASN'T PREPARED ENOUGHT TO FIGHT IN TSUMANU-DA...
BUT THROWING TECHNIQUES, GRABBING THE LEGS, IS FORBIDDEN IN TAEKWONDO, BUT THIS MATCH IS STREET FIGHTING!
THAT'S RIGHT, THERE WAS NO WEAK POINT IN HIS TAEKWONDO ITSELF


THIS ISN'T YOUR IMAGI-NATION.
I FELT LIKE I KNEW WHEN AND WHERE HE WAS GOING TO KICK .
BUT.. DORAE-SAN, HOW WAS I ABLE TO WIN?
MEDIAN LINE?
YOU HAVE STARTED TO FEEL THE "MEDIAN LINE" WITH YOUR BODY
AS A RESULT OF YOUR TRAIN-ING

TO SAY THIS IN OTHER WORDS IT IS THE "ULTIMATE FEELING OF BALANCE.
YOU COULD SAY THAT IT IS THE BASIS TO THE FEELING OF HOW TO USE YOUR BODY PROPERLY FOR MARTIAL ARTS ..
THE "MEIDAN LINE" COULD BE COMPARED TO A LINE RUNNING THROUGH THE CENTRES OF GRAVITY WITHIN THE BODY

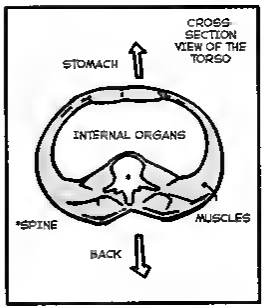

EH.. YE- YES
THE STRENGTH OF THE MEDIAN LINE ISN'T ONLY THIS.
LET'S SAY I JUST KICKED, WOULD YOU PLEASE GRAB MY LEG?

SO, JUST AS SOMEONE WHO IS GOOD AT DRAWING CAN FIGURE OUT WHAT IS WRONG WITH THE WORK OF SOMEONE WHO ISN'T,
SOMEONE WITH UNDERSTANDING OF THE MEDIAN LINE CAN EASILY UNDERSTAND THE MOVEMENTS OF THOSE WITHOUT IT.
HMMM ..


IF YOU HAVE A STRONGER MEDIAN LINE...
EVEN FROM THIS POSITION,

THESE KIND OF THINGS BECOME POSSI-BLE.
SO YOU WILL HAVE TO KEEP TRAINING STANDING.
ドタアッ
YE,
YES...
WHO...
WHO IN THE WORLD .?

ドラエさんのカンタン！武術 補習コーナー ②



IT IS NOT VERY WELL KNOWN BUT THERE IS MORE MUSCLES ON THE BACK OF THE BODY THAN ON THE STOMACH SIDE!

IT WILL BE EASIER TO LIFT SOMETHING HEAVY IF YOU "CATCH" THE FEELING OF POWER FROM ALL OVER YOUR BACK GATHERING TO THE SPINE! PLEASE TRY TO DO SO EVEN IN YOUR DAILY LIFE.

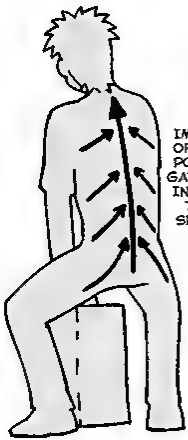


IMAGE OF THE POWER GATHERING TO THE SPINE

THE REASON WHY YOU GAIN POWER WHEN "LIFTING THE SOLE OF THE FOOT STRAIGHT UP" IS THAT WHEN YOU DO SO YOU USE THE MUSCLES OF THE TORSO AND ESPECIALLY THOSE IN YOUR BACK.